



Dear Friend,

An internship in my Capitol or District office can help individuals learn about the legislative process and give back to the community. Internships are available on a part-time or full-time basis. In some cases, school credit can be earned for completing an internship.

If you are interested in applying for an internship in my Capitol or District office, please complete the enclosed application. As space becomes available, my staff will contact qualified applicants for an interview.

All levels of experience and academic levels are encouraged to apply. I look forward to reviewing your application.

Thank you,

Senator Marty Block

"Helping constituents and learning about the state legislative process was gratifying and proved to be a fun, valuable learning experience. My time as an intern and the skills that I have developed here will be extremely useful in my future career."

- Elizabeth Uno
Senator Steinberg Intern

WHO CAN APPLY?

The Senate does not have a formal internship program; however, the Senate Rules Committee is supportive of Senators who want to provide volunteer opportunities to individuals who want to give back to their community. Each Senate office can select their legislative volunteers.

SENATE INTERNS COMPENSATION

Decisions regarding stipends, if any, are left to each Senator's office. There is no salary scale for interns. Interns are not eligible for benefits.

In some cases, academic credit is provided at the completion of an internship. Check with your academic institution to determine if any requirements exist to earn academic credit. Make sure to share the requirements with your potential Senate office.

PROFESSIONAL ATTIRE

Senate interns serve as representatives of the Senate as an institution in addition to the Senator they work for in both the Capitol and District office. Therefore, it is recommended that interns dress in a manner appropriate to their job responsibility. For more detailed information, please review the *Senate Intern Informational Booklet*.



Senator Marty Block

CAPITOL OFFICE
State Capitol, Room 4090
Sacramento, CA 95814
TEL 916.651.4039

DISTRICT OFFICE
701 B Street, Suite 1840
San Diego, CA 92101
TEL 619.645.3133

www.senate.ca.gov/block

"This internship has been a great experience. Not only has it prepared me for a career in public service, but it has also given me the opportunity to do meaningful work right now."

- Jeffrey Short
Senate Republican
Caucus Intern



CALIFORNIA STATE SENATE

INTERN PROGRAM DESCRIPTION

RESEARCH OPPORTUNITIES

Senate Interns have the opportunity to work on a variety of research projects.

COMMUNITY OUTREACH & CONSTITUENT SERVICES

Interns have the chance to help constituents resolve issues and assist staff with community events.

WHY BECOME A SENATE INTERN?

A legislative internship can help individuals learn about government and build a track record of civic engagement.

CALIFORNIA STATE SENATE **INTERN PROGRAM APPLICATION**

NAME _____

ADDRESS _____

CITY/STATE/ZIP _____

PHONE NUMBER _____

EMAIL _____

HIGH SCHOOL _____

COLLEGE (IF APPLICABLE) _____

EARLIEST START DATE ____/____/____ EXPECTED END DATE ____/____/____

EXPECTED HOURS & DAYS PER WEEK M____ T____ W____ TH____ F____ (EXAMPLE: M 9-5)

OFFICE(S) APPLYING FOR CAPITOL DISTRICT OFFICE

VOLUNTEER / EMPLOYMENT EXPERIENCE (No experience is necessary.)

ORGANIZATION	DUTIES	DATES FROM/TO
EXAMPLE: RED CROSS	VOLUNTEER COORDINATOR	X/X/X - X/X/X

SPECIAL SKILLS

DATABASE WORD PROCESSING SPREADSHEET RESEARCH SKILLS WRITING SKILLS OTHER

INTERESTS / HOBBIES

GOALS

CLICK TO SUBMIT VIA EMAIL