



Thriving Through the Change

Menopause, Chronic Disease Risk, and Black Women's Health

Please join California State Senator
Dr. Akilah Weber Pierson and the
Partnership to Fight Chronic Disease for
an in-depth conversation about the
unique experiences of Black women
during perimenopause and menopause.

What You'll Learn:

- How health care access barriers and social determinants of health impact women during midlife
- How chronic diseases can make menopause more challenging for Black women
- Culturally relevant information to navigate this transition



**Monday,
September 21**

**11:30 a.m.
to 1:30 p.m.**



Southeastern Live Well Center

**Tubman Chavez Conference
5101 Market Street
San Diego, CA 92114**

Ample parking available on-site
[Click for directions](#)

To join us for this free
luncheon seminar,
please register at:

bit.ly/4x5Rxys



dr. akilah—
WEBER PIERSON

— CALIFORNIA STATE SENATOR | DISTRICT 39 —

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**PARTNERSHIP TO FIGHT
CHRONIC DISEASE**

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